

Volunteer brief

- 1 Did you sign in? Travel time is round trip! Sign a volunteer agreement if you have not already done so.
- 2 Do you have the cell number of the other adult in your group?
- 3 Do you have the cell number of the Rangers in case of emergency? 440-546-5945 or 800-433-1986 ext 0. They serve several parks so a towpath mile marker or decription of where you are will be necessary. I.E. on the towpath, half way btw red lock and rte 82 bridge. Give them your cell # in case of questions.
- 4 Discuss the game plan; is it the standard half go north half go south and return for lunch and then back out? Is it ride long one direction and then come back for lunch, wrap up and get on the bus? Know the time the kids need to be back for wrap-up and to catch the bus. Is there someone at the eagles' nest or at the garage for show and tell?
- 5 Do you have enough water and snacks?
- 6 Do you have a first aid kit?
- 7 Let oncoming riders know you have inexperienced riders behind you.
- 8 Keep kids between you and get a head count after each stop.
- 9 Walk bikes across Peninsula bridge.
- 10 If it rains; slow things down; consider walking the boardwalk.
- 11 When returning, instruct students place helmets in the appropriate bin and to line up with their bikes at the garage door until a volunteer takes the bike.
- 12 If the bikes are dirty, have the students wipe down their bike before getting in line at the garage door. Make sure they do a good job.
- 13 There are many jobs to do after returning, stacking the gagrage, wiping down bikes, policing the area for trash, returning helmets, etc; please help.
- 14 If a bike needs maintenance, write up precisely what is wrong on a ticket, attach the ticket to the bike and place the bike in sickbay. Inform Kathy, Fred or Scott.
- 15 Tick check after riding? Suggestions for improvement are welcome.

Safety brief (safe, special, and shared)	
1	Make sure the helmet fits you. Your group leader will help you make adjustments. Helmets must be worn with chin strap buckled while riding.
2	Make sure the bike fits you. Your leader can adjust your seat. Ask questions if you are unsure how to brake, shift gears, etc.
3	Walk your bike to the tow path, no riding in the staging area.
4	Walk your bike when crossing all roads.
5	Ride single file, with enough room between you and the rider ahead.
6	If your wheels are not turning... be off the path.
7	Be courteous, call out "passing on your left" when passing.
8	Ride safely, no horse play. These bikes are donated. Treat them with respect so others can ride them after you are done. No skidding the tires, both hands on the handle bars and both feet on the pedals while riding.
9	Watch for animals, if your leader points out an animal, pass it back so everyone gets a chance to see it.
10	Tuck your shoe laces into your shoe so it doesn't get caught in the chain.
11	If you have long pants on, tuck your right pant leg into your sock, use a rubber band or roll up your pant leg so it doesn't get caught in the chain. No backpacks, no water bottles. Give essential items (inhaler) to an adult in your group.
12	Special; you see things here you do not normally see (wildlife, the river, historical buildings)
13	Shared; it is a National Park open to all of us. We share this park with plants and animals; if it was here when you came leave it here, if you brought it with you take it home.
14	Ask lots of questions.
15	Have lots of fun.