

cyclingschools.org



A Bike Adventure For Kids!

Information Packet

2026 Version

Essential information for a successful field trip to the Cuyahoga Valley National Park

Cycling Schools Information Packet

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Introduction to Cycling Schools

Mission Statement

Cycling Schools, Inc. is an all-volunteer non-profit organization that provides a day of bicycle riding for 4th and 5th graders from Cleveland and Akron urban schools. The students experience bicycling as a safe and challenging yet enjoyable physical activity along the Towpath Trail in the Cuyahoga Valley National Park (CVNP) at no cost to the students.

Overview of the Cycling Schools Program

A successful field trip to the Cuyahoga Valley National Park (CVNP) begins with planning, communication and coordination between Cycling Schools and the participating school. A Cycling Schools liaison will be assigned to work with a school contact to assure that the planning process goes smoothly. They need to set a date and bus transportation needs to be scheduled. Each student will read and sign a Safety Pledge. A parent or guardian must sign a Cycling Schools waiver. Teachers, parents or guardians and other school volunteers may participate in the event. **The school is to provide lunches for the students.** Teachers need to assign students into riding groups of six to eight, usually by physical ability. Hiking groups will be decided by number of students hiking and number of Cycling Schools Volunteers available that day.

When the students arrive at the CVNP, Cycling Schools will conduct separate Safety Orientations for riders and hikers. Students will be given a banana to be eaten during the orientation. After the briefing, riding and hiking groups will be put with their volunteer leaders. Riding students will be properly fitted with bicycles and helmets.

Cycling Schools volunteers will lead a safe and enjoyable biking and hiking experience. Teachers and school volunteers will also ride/hike and assist. There will be stops along the Towpath to provide educational enrichment. At the halfway point of the day, there will be a break and Cycling Schools will provide a snack to assure that the students will have the energy to complete the adventure.

When the ride is completed, the student will be responsible to wipe down and clean their bike before returning them to a Cycling Schools volunteer. The students will have their lunches and await the bus return to their school. Following the day's events, students are welcome to send us notes with their thoughts and reflections. Teachers and school volunteers are encouraged to suggest any improvements and fill-out a debrief form.

Introduction to Cycling Schools

About Cycling Schools Volunteers

Cycling Schools volunteers come with different strengths and experiences. We volunteer because we love sharing our enthusiasm for the Cuyahoga Valley National Park. Cuyahoga Valley National Park is unique in that it is located within a major urban area, and is one of the most beautiful parks in the country. The students are the reason we are all here for the Cycling Schools Program. We really enjoy spending time with the students and sharing our passion for CVNP.

Cycling Schools Contacts

Please contact the School Liaison assigned to your school.

School Liaisons

Cleveland

Kathy Coady-Sansone	(216) 965-4141	coadysansone@gmail.com
Doug Shimko	(330) 612-5507	shimkodoug@gmail.com

Akron

Tracey Wathen	(330)-697-3300	tpwathen@gmail.com
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Cycling Schools Website

cyclingschools.org

Cycling Schools E-mail

cscvnp@gmail.com

Cuyahoga Valley National Park Contacts

LaDonna Sifford, ranger	(440) 343-7041	ladonna_sifford@nps.gov
Josh Bates, ranger	(440) 503-7801	josh_bates@nps.gov
Emergency - CVNP Dispatch	(440) 546-5945	

Preparation Before the Ride

Preparation by the School

Kick-off Meeting with Cycling Schools

A Cycling Schools liaison will contact the school to schedule a kick-off meeting. The purpose of the meeting is to review the program, and to begin the planning process for the event. The agenda will follow the contents of this Information Packet. Attending the meeting will be the Cycling School liaison and the primary school contact who will be planning and attending the ride. The school principal or other teachers may want to attend as well.

The first order of business in the meeting will be to exchange contact information between the primary School contact and the Cycling Schools liaison. A copy of this Information Packet 2026 will be left with the school.

Schedule the Event

Cycling Schools biking and hiking events are in May and September/October. It is important to set a date for the school field trip with Cycling Schools as soon as possible.

Bus Transportation

Cleveland Schools - Cycling schools will arrange and pay for your bus. After your date is set, provide school liaison with times for pickup from school and departure from park.

Akron Schools – After your date is set, the lead APS (Akron Public School) teacher should follow APS policy for arranging field trip bus transportation. The information is available on the APS portal. Cycling Schools will pay for your buses.

Teachers are responsible for student behavior on the school buses. It is **REQUIRED** that teachers position themselves in the back, middle and front of the bus.

Inform the Cycling Schools Liaison of your School's Plans

Provide your Cycling Schools liaison with the following information as soon as possible.

- Estimated time of arrival and departure to and from Cycling Schools.
- Estimated number of riding and hiking students and grade.
- Number of special needs students. i.e. asthma etc.
- Estimated number of teachers, parents or guardians and other school volunteers.

Preparation Before the Ride

Assign Teachers and Invite Parents or Guardians and School Volunteers

Participation of teachers, parents or guardians and school volunteers is necessary and greatly appreciated by Cycling Schools. We require a minimum of 2 teachers. Teachers and school volunteers together with the Cycling Schools volunteers will be assigned to a biking or hiking group. A teacher should be prepared to LEAD a hiking group, if Cycling Schools does not have enough hiking volunteers. Teachers and other school volunteers are encouraged to bring their own bicycles and helmets. Cycling Schools can provide a bicycle and helmet if necessary for teachers and other volunteers.

Bring Lunches

Cycling Schools will provide a snack – bananas - for the students prior to beginning the ride/hike. Cycling Schools will also provide a healthy snack, typically string cheese and fig bars, at the mid-point of the ride/hike.

Students normally will have their lunch at the end of the ride. **The lunch is either provided by the school, or brought by the student.** There are picnic tables in the area where students have their lunch. Cycling Schools will provide cups and a large container filled with drinking water.

The Cycling Schools bicycles do not have water bottle holders. Students will not ride with their own water bottles. Volunteers carry individual water bottles bought by CS for the students. These can be refilled at park water fountains.

Preparation of the Students

Classroom Preparation

See Cyclingschools.org for ideas. The website video of a canal boat is very informational. If you would like a CS volunteer to give a presentation, please contact your school liaison to check availability.

Student Waiver (one per student) and Safety Pledge (one per class)

The teacher will distribute a Cycling Schools Student Release and Waiver of Liability Agreement (Student Waiver). The front and back side of the form have spaces for parent or guardian signatures. The back side also has a space for the parent or guardian to acknowledge that the student knows how to ride a bicycle. And lastly, the back side has instructions on what the parent or guardian should do to prepare their student for a safe ride. The teacher should instruct the students to take the Student Waiver home and have it signed and return it back to the teacher.

The teacher will review the Cycling Schools Safety Pledge provided by the liaison. The teacher should reinforce why each point is necessary for safety and assure that every student understands and accepts the Safety Pledge. The teacher should then have the students sign the Safety Pledge. All students must sign the Safety Pledge and teachers are **REQUIRED** to bring it on the day of the ride.

Preparation Before the Ride

When the students return their Student Waivers, the teacher must check the front and back sides to assure that signatures were obtained and that the student was judged to know how to ride a bicycle by their parent or guardian.

The school **MUST** use the Cycling Schools Student and Adult waivers. No other permission slip will be accepted. The event cannot take place if Cycling Schools waivers are not used. If a school waiver has been used in addition to a Cycling Schools Waiver, please make sure they are separated from the Cycling School waiver prior to arriving at CVNP.

Adult Participant Waiver

Teachers, parents or guardians and school volunteers participating in the Cycling Schools event must sign the Cycling Schools Adult Participant Release and Waiver of Liability Agreement (Adult Participant Waiver).

ALL WAIVERS MUST BE ON THE BUS WITH THE STUDENTS. (Do NOT bring in a separate vehicle.) Upon arriving at Cycling Schools, please be prepared to give the signed Student Waivers and Adult Participant Waivers to a Cycling Schools representative. Cycling Schools will review the completed waivers prior to the start of the day's activities. Please make sure there is a waiver for every student/adult that comes to CVNP. The school contact will stay with the waivers as they are counted by Cycling School Volunteers.

Refer to the Appendix for the Student Waiver, Safety Pledge and the Adult Participant Waiver.

Assign Students to Riding Groups

Cycling Schools can accept a maximum of 60 bike riding students for their day in the CVNP. Ideally, students should be assigned to 8 riding groups. The final number of groups and the group size ultimately is determined by the actual number of students and adults in attendance. Our planning includes three adult volunteers per group. It is **EXPECTED** the teacher will plan which students will be in which group a few days before the ride. Then, if necessary, it will be easier to make minor adjustments to the number of groups or group size on the day of the ride. The liaison will work with you the night before on how many groups depending on the number of CS volunteers and students.

Riding groups should be assigned by riding ability. Group 1 will have the strongest riders. Groups 7 and 8 will have slower riders and special needs students.

Address the Special Needs of Students

There may be students who have allergies, asthma, diabetes or other issues that may need attention during the ride. These students **MUST** be in Group 7 or 8. Please assure that any necessary medical supplies are available for these students. A teacher or parent volunteer, who is able to recognize and address an issue that may occur to any of these special needs students, **MUST** be assigned to their riding group and carry any necessary medical supplies. The Cycling Schools volunteers have first aid kits in their back-packs and will attend to minor cuts and scratches, if needed.

Preparation Before the Ride

Advise Students How to Dress for Riding a Bicycle.

The ride will take place rain or shine, hot or cold. So, the students need to dress for the weather. If a student has their own bicycle helmet, they may bring it to use on the Cycling Schools ride. Hair styles must be able to fit within a bicycle helmet. Students should be told that they will not be allowed to ride with back packs, water bottles or any audio devices or cell phones. Closed toe shoes are required for the ride. Crocs will be acceptable **ONLY** if they can be fastened in the back.

Please advise students and parents to check the back of the student waiver for these requirements.

The Day of the Ride

Day of Ride Checklist - Call or Text (Picture) from the Bus

The Cycling Schools liaison needs to receive a call or text (picture) of the Day of Ride Checklist from the school contact **AS SOON AS** the bus departs for Cycling Schools. This call/text is of great importance to Cycling Schools in order to be ready with its volunteer assignments and to stage the right bicycles before the school arrives. Use the Day of Ride Checklist to report on arrival time, the number of students, teachers, volunteers, groups, non-riders and if there are any special needs students.

The Day of Ride Checklist is found in the Appendix.

Assistance when Arriving at Cycling Schools

Please inform the Bus Driver that when arriving at Cycling Schools, there will be one of our volunteers stationed in the parking lot to direct the bus to the area where it should stop and park. We call the place where all activities begin "The Hub".

When exiting the bus, the Cycling Schools Volunteer stationed in the parking lot will direct everyone to the location where the Welcome will occur. Please assist us in directing all students, teachers and other school volunteers to that location.

Welcome

All students, teachers and school volunteers will receive a Welcome to CVNP.

Hiking Groups Announced

The school contact will announce the groups and names of those students, teachers and school volunteers who will be hiking. As groups are announced, those individuals will meet their Cycling Schools volunteer(s) and begin to depart the area.

The Day of the Ride

The Safety Orientation

The remaining students, teachers and school volunteers will receive a safety orientation focused on bicycle safety.

A list of topics covered in the Safety Orientation is found in the Appendix.

Biking Groups Announced

Following the Safety Orientation, the school contact will announce the groups and names of those students, teachers and school volunteers who will be biking. As the groups are announced, those individuals will meet their Cycling Schools Volunteer(s) and depart the area toward the bikes.

The Cycling Schools group leader will take the lead and provide the guidance needed to assure a safe ride as students and adults proceed to get their bicycles and helmets.

Select a Bicycle and Adjust the Seat Height for the Student

Bicycles will be lined up in rows and there will be an orange cone at the end of each row. The number on the cone corresponds to the riding group number. The student, with help from an adult, will select a bicycle of an appropriate size for the student. Then the seat height will be adjusted. To properly adjust the seat height, the student should sit and have both hands on the handle bars. The seat is then raised or lowered so that the student is able to balance the bike, touching the ground with both feet on tip-toes. If a properly sized bicycle is not available from the row, the Cycling Schools volunteer will find one.

Select and Adjust the Bicycle Helmet for the Student

Helmets are placed on the bikes before the students arrive. Helmets that are staged at each bike may not fit the student that selects that particular bike. If the helmet does not fit the student, a volunteer will find a helmet that fits properly. The helmet should be chosen to fit snugly on the top of the student's head. Then the chin strap will need to be adjusted. The strap is to be adjusted so that two fingers fit between the strap and the student's chin.

Teachers and other School Volunteers Select their Bicycles

A Cycling School Volunteer will assist teachers and school volunteers in selecting a bike and helmet.

The Day of the Ride

Pre-ride Check-out

The Cycling School group leader will determine an area to test the students on biking skills and using coaster brakes. If it is determined that the student cannot safely ride on the Towpath, they will be assigned to the Hiking Group.

The Cycling Schools group leader will ride at the front of the group, setting the pace and making stops at points of interest. A second Cycling Schools volunteer will be the sweeper for the group. The sweeper rides at the end of the group to assure that all students are riding safely and that no one falls too far behind. Teachers, parents, school volunteers and additional Cycling School volunteers will normally ride within the group. If a second Cycling Schools volunteer is not available, the teacher or school volunteer may be asked to assume the responsibilities of the sweeper.

What Happens if Students are not Riding Safely

The Cycling Schools Volunteers, teachers, parents and school volunteers need to monitor behavior and gently remind students to obey the safety rules. If safety rules are not being followed and safety is compromised, the Cycling Schools leader will stop the group. The leader will explain why the group was stopped and the group will walk with their bikes for a few minutes. Then the ride will resume. If unsafe behavior continues, another stop will be made. Then the ride will resume again. If the unsafe behavior is flagrant, a teacher will be asked to take responsibility for the offending student or students, and return them to the Hub.

The End of the Ride

The ride ends at the Hub. As groups arrive at the Hub, students will be told to walk their bikes and take their helmets to the garage where they will be given a towel to wipe the bike clean. Students are **REQUIRED** to stay with their bike and helmet until they turn it over to a Cycling School volunteer.

Once riders have returned their equipment, it is the responsibility of the school personnel to organize the lunch period and supervise students until departure. While riding groups are returning to the Hub, students will have their lunch.

Should a trip to the restroom be necessary during lunch or before boarding the bus, school personnel are responsible for taking students to the restroom. Restrooms are available behind the Boston Store.

When it is time to go, the teachers will assemble the students and make sure everyone boards the bus to return back to school.

Follow-up after the Ride

Student Reflections

Students often send notes with their thoughts and reflections following their day at Cycling Schools. Our volunteers eagerly await their notes and read them all. It makes the volunteer experience worthwhile. We learn a lot from the students.

Teacher and other School Volunteer Evaluation and Suggestions

An evaluation form will be provided to the school contact usually when waivers are given to the Cycling Schools volunteer when the bus arrives. Should the school contact not receive an evaluation form before departing the CVPN, an evaluation form is found in the appendix.

The Cycling Schools Program is the result of more than 30 years of experience and constant evaluation, with the goal to continuously improve the program. A significant amount of our improvement has come from Teacher's suggestions. If any teacher or other school volunteer has an idea or feedback, we want to hear it either in person or by filling out our Evaluation Form. Your comments and suggestions are greatly appreciated.

Appendix

- Student Safety Pledge
- Student Release and Waiver of Liability Agreement (two-sided form) *
- Adult Participant Release and Waiver of Liability Agreement
- Day of Ride Checklist
- Safety Orientation
- Teacher and School Volunteer Debrief Form

* If copying the two-sided form, make copies on both sides of one sheet of paper.

Student Safety Pledge

As a participating cyclist:

- I will wear my helmet properly fastened at all times while on my bike.
- I will obey all Towpath signs and signals.
- I will keep both hands and both feet on my bicycle at all times while riding.
- I will use common sense and courtesy toward everyone on the Towpath.
- When I stop for any reason, I will move with my bike completely off of the Towpath.
- I will ride single file on the Towpath.
- I will leave a safe space between myself and other riders on the towpath.
- I will report any problems with equipment to a Volunteer Leader so that repairs can be made.
- I will follow instructions from Cycling Schools volunteers at all times.
- I will clean off my bike at the end of the ride.
- I understand that I will be removed from the ride if I repeatedly violate the Safety Pledge.

I understand and agree to obey this Safety Pledge.



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STUDENT RELEASE AND WAIVER OF LIABILITY AGREEMENT

In acknowledgement of [PRINT NAME OF STUDENT] _____
 (“**Student**”) participation in bicycling, hiking, and any related activities with Cycling Schools, Inc.
 (“**Cycling Schools**”), a nonprofit corporation organized under the laws of the State of Ohio, I understand
 and agree that:

1. **Statement of Authority.** I have full legal authority, as parent/legal guardian, to complete this Student Release and Waiver of Liability Agreement (“**Release**”) on behalf of the Student, who is under 18 years.
2. **Assumption of the Risk Agreement.** I, the Student’s parent/legal guardian, fully recognize and accept that the Student’s participation in this activity has unforeseen risks and dangers. I understand that bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death. I further understand that there may be other risks of injury and economic loss, either known to me or not readily foreseeable at this time. I understand and acknowledge that by signing this Release the Student and I knowingly assume the risk and responsibility for injury, harm, losses, costs, and damages that may occur as a result of the Student’s participation in this activity.
3. **Release and Waiver of Liability.** I, the Student’s parent/legal guardian, agree to release and forever waive, discharge, covenant not to sue, and hold harmless Cycling Schools, and its successors, assigns, directors, officers, employees, volunteers, and agents from any and all liability, claims, and demands of whatever kind or nature, either in law or in equity, which arise from the Student’s participation in this activity.

By signing this Release, I, the Student’s parent/legal guardian, declare that I have read and fully understand the terms of this agreement. I further understand we are giving up substantial rights. I intend this Release to be a complete and unconditional release of all liability to the greatest extent allowed by law.

THIS AGREEMENT MUST BE COMPLETED BY A PARENT | LEGAL GUARDIAN

^ Signature of Parent | Legal Guardian

^ Date

^ Print Full Name of Parent | Legal Guardian

^ Street Address

^ City / State / Zip

^ Print Name of Student (Under 18)

^ Date of Birth

PLEASE COMPLETE BOTH SIDES



PARENTS AND GUARDIANS, PLEASE RESPOND AND PREPARE YOUR CHILD
ACCORDINGLY:

My Student has ridden a two-wheel bicycle, without training wheels, within the past 12 months:

YES: _____ **NO:** _____

Students participating in Cycling Schools, Inc. bicycle rides are expected to have experience riding two-wheeled bicycles. If in the judgment of the Cycling Schools' Group Leaders a Student does not have sufficient bicycling skills, such Student will not be permitted to ride and will be assigned to the non-riding group.

We will ride rain or shine, so please provide your Student with clothes appropriate for the weather.

Students should not wear baggy pants, flowing skirts or open toe shoes.

For safety, Students will be asked to leave purses, backpacks, etc. at the staging area while riding. So please discuss this with them before the day of the ride.

Students may bring non-glass water bottles. However, bottles must remain at the ride staging area while children are riding. Cycling Schools Leaders will provide water during the ride.

All Students are required to wear a helmet, which will be provided. Students who normally wear braids styled on top of the head, pony tails, topknots etc. are asked to wear their hair down to achieve a proper and safe fit of the helmet.

Please encourage your Student to eat a good breakfast before they come out to ride.

Teachers should be made aware of any health-related issues (allergies, asthma, diabetes etc.) and these should be made known to a Cycling Schools group leader.

ADULT PARTICIPANT RELEASE AND WAIVER OF LIABILITY AGREEMENT

To be executed by participating parents, school employees, and school volunteers.

In acknowledgement of my participation in bicycling, hiking, and any related activities with Cycling Schools, Inc. (“**Cycling Schools**”), a nonprofit corporation organized under the laws of the State of Ohio, I understand and agree that:

1. **Statement of Authority.** I have full legal authority, as a person who is over 18 years of age, to complete this Release and Waiver of Liability Agreement (“**Release**”).
2. **Assumption of the Risk Agreement.** I fully recognize and accept that participation in this activity has unforeseen risks and dangers. I understand that bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death. I further understand that there may be other risks of injury and economic loss, either known to me or not readily foreseeable at this time. I understand and acknowledge that by signing this Release I knowingly assume the risk and responsibility for injury, harm, losses, costs, and damages that may occur as a result of participation in this activity.
3. **Release and Waiver of Liability.** I agree to release and forever waive, discharge, covenant not to sue, and hold harmless Cycling Schools, and its successors, assigns, directors, officers, employees, volunteers, and agents from any and all liability, claims, and demands of whatever kind or nature, either in law or in equity, which arise from the participation in this activity.

By signing this Release, I declare I have read and fully understand the terms of this agreement. I further understand that I am giving up substantial rights. I have signed this Release voluntarily and without any inducement or assurance of any nature. I intend this Release to be a complete and unconditional release of all liability to the greatest extent allowed by law.

^ Signature

^ Date

^ Print Full Name

^ Street Address

^ City / State / Zip

Day of Ride Checklist

Before leaving the school:

- ☐ Bring signed Student Release and Waiver of Liability Agreements
- ☐ Bring signed Adult Participant Release and Waiver of Liability Agreements
- ☐ Bring lunches for the students
- ☐ Address special needs, such as allergies, asthma, diabetes etc.
- ☐ Assign Students to riding groups
- ☐ Assure drivers have directions to: 1538 Boston Mills Road West, Peninsula, OH, 44264

The destination is the Boston Trailhead Overflow parking lot located a quarter mile east of the intersection of Riverview and Boston Mills Road, on the south side of Boston Mills Road.

As you depart from your school:

Phone, text or send a picture of the following information to your Cycling Schools point of contact:

Estimated time of arrival _____ and scheduled time to depart _____.

Total number of students: _____ # biking _____ # hiking _____

How many biking groups: _____

Total number of adults: _____ # biking _____ # hiking _____

Special needs students: _____

When arriving at Cycling Schools:

1. Look for the Cycling Schools volunteer in the parking lot who will help direct the bus.
2. Immediately upon unloading the bus, the students, teachers, parents and other school volunteers are to assemble for a Safety Orientation.
3. Upon arriving at Cycling Schools, please be prepared give the signed Student Waivers and Adult Participant Waivers to a Cycling Schools representative. Cycling Schools will review the completed waivers prior to the start of the day's activities. Please make sure there is a waiver for every student/adult that comes to CVNP.

Safety Orientation

1. Helmets must be worn with the chin strap buckled while riding. Make sure the helmet fits you. Your Cycling School Group Leader will help you make adjustments.
2. Make sure the bike fits you. Your Cycling School Group Leader can adjust your seat.
3. Walk your bike to the Towpath. No riding is allowed at the Hub before or after the ride.
4. Walk your bike when crossing all roads.
5. Ride single file, with enough room between you and the rider ahead.
6. If your wheels are not turning, take your bike off the paved path into the grass area.
7. Be courteous, call out “passing left” when passing.
8. Ride safely, no horseplay. Treat bikes and helmets with respect so others can use them after you are done. No skidding the tires. Keep both hands on the handle bars and both feet on the pedals while riding.
9. Watch for animals, if your Leader points out an animal, pass it back so everyone gets a chance to see it.
10. Tuck your shoe laces into your shoes so they don’t get caught in the chain.
11. If you have long pants on, tuck your right pant leg into your sock, use a rubber band or roll up your pant leg so it doesn’t get caught in the chain. No backpacks, no water bottles.
12. You will see things that you do not normally see, such as wildlife, the Cuyahoga River, historical buildings and more.
13. The Cuyahoga Valley National Park is a special place open to all of us. We share the park with plants and animals. If it was here when you came, leave it here. If you brought it with you take it home.
14. Ask lots of questions.
15. Have lots of fun.



Teacher and School Volunteer Debrief Form

Thank you for participating in Cycling Schools. Your feedback helps us strengthen the program and provide a meaningful experience for students and schools.

School Name: _____

Date: _____

Event Reflection

1. What went well during this event?

2. What is one improvement you would recommend for a future Cycling Schools field trip?

3. What did your students find most interesting or valuable?

Program Rating

4. Please rate each statement below on a scale of 1 to 3:

Rating key: 1 = Disagree, 2 = Neutral, 3 = Agree

- a. _____ Cycling Schools provided valuable learning experience for students.
- b. _____ Cycling Schools volunteers were kind, courteous, and attentive to students.
- c. _____ I would recommend the Cycling Schools program to other schools.
- d. _____ Cycling Schools is a strong introduction to Cuyahoga Valley National Park for students.
- e. _____ Students had a safe, physically challenging, and enjoyable experience.

Additional Feedback

5. Please share any additional comments or suggestions. Use the back of the form if you need more space.

Teacher and School Volunteer Debrief form 8162026